

Patient's name: _____

Protected B when completed

If your patient has an impairment in mental functions necessary for everyday life, initial your professional designation and complete this section.

Mental functions necessary for everyday life

____ Medical doctor

____ Nurse practitioner

____ Psychologist

Mental functions necessary for everyday life include adaptive functioning, attention, concentration, goal-setting, judgment, memory, perception of reality, problem-solving, regulation of behaviour and emotions, and verbal and non-verbal comprehension.

- 1) List any medical conditions or diagnoses that impair your patient's ability to perform mental functions necessary for everyday life, and provide the year of diagnosis (if available):

- 2) Does your patient take medication to help manage their impairment in mental functions necessary for everyday life?

☐ Yes ☐ No ☐ Unsure

Does your patient require supervision or reminders from another person to take their medication?
This question is not applicable to children.

☐ Yes ☐ No ☐ Unsure

Select the option that best describes how effectively the medication helps manage their impairment in mental functions necessary for everyday life:

☐ Effective ☐ Moderately effective ☐ Mildly effective ☐ Ineffective ☐ Unsure

- 3) Describe any devices or therapy your patient uses to help manage their impairment in mental functions necessary for everyday life (for example, memory aids, assistive technology, cognitive-behavioural therapy):

- 4) Does your patient have an impaired capacity to live independently (or to function at home or at school in the case of a child under 18) without daily supervision or support from others?

☐ No ☐ Yes

Select all types of support received by the adult or child under 18:

Adult

- ☐ Assisted living or long-term facility
☐ Community-based health services
☐ Hospitalization
☐ Support from family members

Child under 18

- ☐ Adult supervision at home beyond an age-appropriate level
☐ Additional support from educational staff at school

Provide additional details about support received (optional):

The Mental functions section continues on pages 12 and 13.

Mental functions necessary for everyday life (continued)

5) Select the box that best describes the extent of your patient's impairment, if any, for each of the mental functions listed below, compared to someone of similar age without an impairment in mental functions necessary for everyday life.

Note: For a child, you can indicate either their current or anticipated impairment.

		No limitations	Some limitations	Severe limitations
Adaptive functioning	Adapt to change	☐	☐	☐
	Express basic needs	☐	☐	☐
	Go out into the community	☐	☐	☐
	Initiate common, simple transactions	☐	☐	☐
	Perform basic hygiene or self-care activities	☐	☐	☐
	Perform necessary, everyday tasks	☐	☐	☐
Attention	Demonstrate awareness of danger and risks to personal safety	☐	☐	☐
	Demonstrate basic impulse control	☐	☐	☐
Concentration	Focus on a simple task for any length of time	☐	☐	☐
	Absorb and retrieve information in the short-term	☐	☐	☐
Goal-setting	Make and carry out simple day-to-day plans	☐	☐	☐
	Self-direct to begin everyday tasks	☐	☐	☐
Judgment	Choose weather-appropriate clothing	☐	☐	☐
	Make decisions about their own treatment and welfare	☐	☐	☐
	Recognize risk of being taken advantage of by others	☐	☐	☐
	Understand consequences of their actions or decisions	☐	☐	☐
Memory	Remember basic personal information such as date of birth and address	☐	☐	☐
	Remember material of importance and interest to themselves	☐	☐	☐
	Remember simple instructions	☐	☐	☐
Perception of reality	Demonstrate an accurate understanding of reality	☐	☐	☐
	Distinguish reality from delusions and hallucinations	☐	☐	☐
Problem-solving	Identify everyday problems	☐	☐	☐
	Implement solutions to simple problems	☐	☐	☐
Regulation of behaviour and emotions	Behave appropriately for the situation	☐	☐	☐
	Demonstrate appropriate emotional responses for the situation	☐	☐	☐
	Regulate mood to prevent risk of harm to self or others	☐	☐	☐
Verbal and non-verbal comprehension	Understand and respond to non-verbal information or cues	☐	☐	☐
	Understand and respond to verbal information	☐	☐	☐

The Mental functions section continues on page 13.

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- ☐
- Yes
- ☐
- No
- ¹

☐ Yes ☐ No

- ☐ Yes ☐ No

- ☐ Yes (provide year) ☐ No ☐ Unsure